Active Parenting Pre and Post Release

Supportive workbook gives parents who are in prison or who have just been released from prison the tools and information they need to be actively and positively involved in their child's life.

Contents:

- Being a parent in prison
  - Challenges
  - Answering your child's questions
- Staying in touch
  - Options
  - Contact information
  - Conversation starters
  - Keeping a journal
  - Writing to your child
- Respecting your child's feelings
- Your child's education
  - Staying involved
  - Keeping track
- Getting along with your child's caregiver

- When you're released
  - A new chance
  - Managing expectations
  - Setting goals
  - Adjusting to change
- Reuniting with your child
  - Common reactions
  - Spending time together
- Working with your child's caregiver
- Regaining custody
- Improving communication skills
- Being the best parent you can be
- Taking care of yourself
- Sources of help and more information

Our interactive workbooks help transform knowledge into action!

All of our workbooks feature:

- Plenty of important information laid out in a clear, comprehensible style
- Fill-in sections, worksheets, and other features designed to engage readers and reinforce learning

Single Print = $4.95 | Print Item Number REP01
Complete Print Set = $59.95 | Item Number RECPS (14 Titles)
Single Digital = $95.00 | Digital Item Number RED01
Complete Digital Set = $495.00 | Item Number RECDS (14 Titles)

Complete Digital and Print Sets Include FREE Course Outline, and Instructor Materials with S.M.A.R.T. Objectives.